

TOPIC: Health
GRADE LEVEL: 1
TIME: 20 min.

GRUMPY

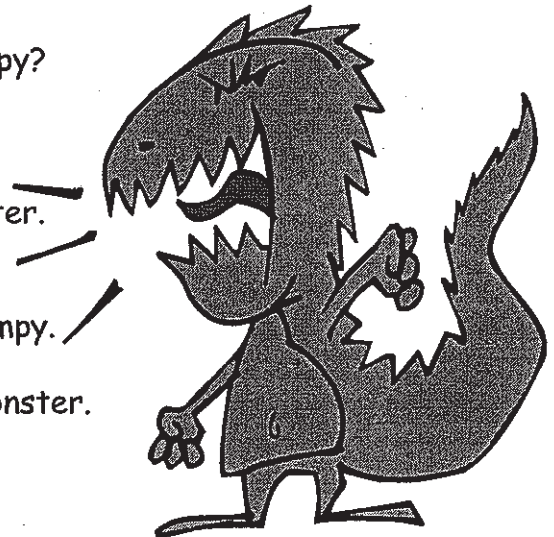
OBJECTIVE: The student will realize that grumpy is a feeling that everyone has sometimes. The student will use art to express "grumpy."

MATERIALS NEEDED:

1. Manila drawing paper.
2. Pencil.
3. Poem, "Grumpy," by Joyce King (Teacher Data Sheet).

PROCEDURE:

1. Read the poem "Grumpy."
2. Lead a discussion about being "grumpy" by asking questions such as:
 - a. When are you grumpy?
 - b. How do you feel inside?
 - c. How does it make others feel?
 - d. What do you do when you are grumpy?
3. Explain that grumpy is a feeling.
4. Have each student design a grumpy monster. Give these instructions:
 - a. Make your monster's face look grumpy.
 - b. Give your monster a grumpy name.
 - c. Use grumpy colors to color your monster.
5. Collect and display if possible.





GRUMPY

I wonder why I'm tired out
And dragging at my feet
I wonder why I'm grumpy
And unkind to those I meet

I wonder why I didn't know
The answers on my test
I wonder why I didn't want
The sandwich I like best.

I wonder why I shoved my friend
When he got in my way
I wonder why I don't feel good
About the world today.

by Joyce King*

*King, Joyce. Imagine That, Pacific Palisades, CA '76

